

# **Putnam County Resource List for Children and Families**

## **Most Frequently Used Numbers:**

Department of Children Services Child Abuse or Neglect  
Hotline

School Designated Line  
1-855-209-4226

General Public Line  
1-877-237-0004

Youth Villages Crisis Line (Children)  
1-866-791-9223

Plateau Mental Health Crisis Line (Adult)  
1-800-704-2651

**You Make a Difference!**

## Resources for Adults and Children

### Food, Clothing, and Other Services

#### **Covenant Church**

**265-1102**

Neal Marcum, Ministry Coordinator  
 Northside Community Center  
 1615 Brown Avenue, Suite 23  
 Cookeville, TN 38501  
 (Laundry Mat, Tutoring, Food, Clothing)  
 \*tutoring is Tues, Wed, Thurs 3:30-5:00

#### **Department of Human Services**

**528-7487**

1000 England Drive, Suite A  
 Cookeville, TN 38501  
 (Food Stamps and Families First)

#### **First United Methodist Church**

**526-2177**

165 E. Broad Street  
 Cookeville, TN 38501

#### **Helping Hands of Putnam County**

**526-3838**

421 East Broad Street  
 Cookeville, TN 38501

#### **Jefferson Avenue Church of Christ (Community Action Center/Spring Street)**

**526-4605**

521 South Jefferson Avenue  
 Cookeville, TN 38501

The CAC facility is open Monday-Thursday from 1:00 p.m.-4:00 p.m.

#### **Stevens Street Baptist Church Care Center**

**520-4881**

South Willow Avenue,  
 Cookeville, TN 38501

Care Center is on Short Street off Willow Ave  
 Monday, Wednesday & Friday from 12:00 pm – 2:00 pm.

**Sycamore Church of Christ** **526-5427**

Benevolence Program operates Wednesdays 11-3 only  
1144 Crescent Drive  
Cookeville, TN 38501

**Trinity Assembly** **537-9830**

Outreach Center provides food and clothing assistance during emergencies and crisis **537-9814**  
205 W. Wall Street  
Algood, TN 38501

**Willow Avenue Church of Christ** **432-2333**

Benevolence programs and food pantry  
1150 South Willow Avenue  
Cookeville, TN 38506

## Shelter

**Algood Manor** **537-3228**

100 Maddux Court  
Algood, TN 38506

**Cookeville Housing Authority** **526-9793**

West Jackson Street  
Cookeville, TN 38501

**Cookeville Rescue Mission (Temporary Emergency Shelter)** **528-5816**

Family Lodge, housing for men and women (separate quarters)

**First United Methodist Church/Room In the Inn** **526-2177**

165 E. Broad Street  
Cookeville, TN 38501

Each Tuesday and Thursday evening at 6 P.M. (November 1 - March 31st)

**Genesis House (Battered Women)** **526-5197**

**24 Hour Crisis Line** **1-800-707-5197**

Court advocacy, domestic and sexual violence, self-esteem support groups, individual counseling, and resource referral

**Habitat for Humanity** **528-1711**  
 711 East 15<sup>th</sup> Street  
 Cookeville, TN 38501

**Tennessee Housing Development Agency (HUD)** **520-0608**

## **Crisis Services/Mental Health Counseling/Psychiatric Services/Medication Management**

**John B. Averitt, Ph.D. (Adults only)** **526-2722**  
 100 W. 4<sup>th</sup> Street #300  
 Cookeville, TN 38501

**Centerstone Mental Health Agency** **528-5561**  
 Lindsay Vinson, Coordinator  
 13 South Jefferson Avenue, Cookeville, TN 38501  
 Provide school based therapy, intensive in-home services (must have tried outpatient counseling first to qualify),  
 case management services

**Cookeville Regional Medical Center (Hospital)** **528-2541**

**Ten Broeck Tennessee (Adult Psychiatric Unit)** **931-783-2570 or 855-828-8111**  
*at Cookeville Regional Medical Center*

Ten Broeck Tennessee offers inpatient hospitalization and outpatient partial hospitalization care.  
 Ten Broeck accepts TennCare and most commercial insurances as well as offers private pay options.

**Chaney, David (Adolescent counseling-Specializing in A & D)** **349-0609**

**Cumberland Counseling Services** **528-2371**  
 Dennis Weeks  
 Patricia Elliott  
 34 North Jefferson Avenue  
 Cookeville, TN 38501

**Exchange Club/Holland J. Stephens Center** **931-823-6432**  
***for the Prevention of Child Abuse*** **1-800-635-5199**  
 616 N. Church St., Ste. B  
 Livingston, Tennessee 38570

The Stephens Center provides crisis intervention, domestic violence, family violence, child abuse, family preservation, and parent education and support group services.

**Family Care** **372-9975**  
 Annette Gallardo, LPC  
 1497 N. Washington Avenue  
 Cookeville, TN 38501

**Generations Mental Health Center** **528-8593**  
 1101 Neal Street, Ste. 101  
 Cookeville, TN 38501

**Heart of the Cumberland Grief Center** **525-2600**  
 377 Short Street, Suite B  
 Cookeville, TN 38501

Provides grief support for death or loved one, divorce, absence of parent(s), and/or loss of family and friends.

**HOPE Counseling Center** **528-6167**  
 Individual, Child, Family, and/or Marital Counseling  
 906 Allen Avenue  
 Cookeville, TN 38501

**Peggy Karlosky, Ph.D.** **528-1361**  
 Licensed Psychologist  
 1716 Heathrow Drive  
 Cookeville, TN 38506

**LifeCare Family Services** **528-0051**  
 665 South Jefferson Avenue  
 Cookeville, TN 38501

LifeCare provides individual and family therapy, medication management, and case management.

**Personal Growth and Learning Center (TennCare and private insurance) 520-8435**

509 North Cedar Avenue  
Cookeville, TN 38501

The agency provides individual, family and marital therapy, trauma abuse recovery for women, and medication management.

**Plateau Mental Health Center 432-4123**

***24 Hour Crisis Line***

***1-800-704-2651***

1200 South Willow Street  
Cookeville, TN 38506

The agency provides individual and/or family therapy, case management, medication management, temporary adult psychiatric respite, and PATH program.

**Source of Strength Counseling**

441 E. Broad St. Suite A&B  
Cookeville, TN 38501  
Jerri Cross (female therapist)  
Karla Duke

**214-0527**  
**303-7789**

**Runaway Hotline**

**1-800-RUNAWAY**

**Suicide Prevention Hotline**

**1-800-273-8255**

**Upper Cumberland Child Advocacy Center**

**854-0115**

480 Old Kentucky Road  
Cookeville TN 38501

The agency works in partnership with DCS and law enforcement to handle abuse cases. The agency serves as a one-stop facility for children who have experienced physical, sexual, and emotional abuse and/or some other trauma.

**Upper Cumberland ADHD Clinic/Dr. Daniel Donovan**

**528-5811**

105 Cherry Ave  
Cookeville, TN 38501

The clinic provides medical testing, diagnosis, and management of ADHD/ADD symptoms in children and adults.

**Robyn Willis, LPC****265-4470**

210 N. Cedar Ave  
Cookeville, TN 38501

**Youth Villages****525-6900****24-Hour Children Crisis****1-866-791-9223**

448 Neal Street  
Cookeville, TN 38501

The agency provides therapeutic foster care, adoption, intensive in-home services (Intercept Program), residential programs, and Family Link Shelter.

## **Alcohol and Drug Services**

**Bradford Health Services****528-6803**

1330 Neal Street  
Cookeville, TN 38501

Bradford specializes in addiction treatment and mental health services for adults and adolescents. The agency offers a free community support group to those who have family members suffering from substance abuse.

**Plateau Mental Health Center****432-4123 ext. 251**

Endeavor Program (Adolescents (ages 13-17)  
The program has day school with transportation provided)

**New Leaf Program (Adult inpatient)****432-4123****Teen Challenge (Teens and Adults)****1-888-688-0470**

760 Rickman Road  
Livingston, TN 38570

The agency provides a long term Christian discipleship program ministering to women struggling with life controlling issues and transition men and women into other long term Teen Challenge centers, as well as offer drug abuse prevention education to local schools and youth groups.

**TennCare Mental Health and Substance Abuse Information Hotline****1-800-758-1638**

## Other Services

### **Adult Literacy Program (Adult High School)**

**525-8685**

288 East Main Street  
Cookeville, TN 38506

The ALP provides assessment and tutoring programs, GED preparation, tutorial computer lab, and English as a Second Language classes.

### **Autism Self Awareness Advocacy Network (ASAN)**

**Google to find local chapter**

### **Cover Kids ([www.coverkids.com](http://www.coverkids.com))**

**1-866-620-8864**

*(For families that do not qualify for TNCare)*

The program provides medical insurance to children under age 18, who have been uninsured for at least 3 months and meet income (poverty level) level requirements.

### **Department of Human Services**

**528-7487**

1000 England Drive  
Cookeville, TN 38506

Programs include Adult Protective Services, Appeals and Hearings, Blind and Visually Impaired Services, Child Care Services, Child Support Services, Deaf and Hard of Hearing Services, Families First (TANF), Food Stamp Program (SNAP), Home Energy Assistance, Medicaid/TennCare, Tennessee Rehab Center, and Vocational Rehabilitation Services.

### **Job Corps**

**1-800-733-5627**

The agency provides education and/or job skill training for persons 16-24 years of age. Students are paid for completion of program. The program offers transitional services for 12 months after graduation.

### **Partnership for Prescription Assistance**

**1-888-4PPA-NOW**

The program provides assistance with cost of prescription drugs.

### **Putnam County Health Department**

**528-2531**

PCHD services provided include Parents Encouraging Parents Group, Children Special Services, WIC, Childhood Lead Prevention Program, Medical needs based on income (sliding scale), social services, and medication for treatment of lice.



**Rural Health Clinic****858-3790**

The RHC provides low cost or free health services to those with no health coverage benefits. Clinics are located in Baxter and Monterey.

**Social Security Administration****1-800-772-1213****Tennessee Career Center (Beside of UCHRA)****520-8733**

580 South Jefferson Avenue, Suite A  
Cookeville, TN 38501

The agency provides assistance with training and education, special service needs for employment of people with disabilities, offers interviewing skills training, and provides dislocated workers with benefits and options. The agency's Title V program assists low-income work for those ages 55 and older.

**TN Department of Mental Health and Developmental Disabilities****615-253-4800**

The agency's services are to offer prevention, intervention, treatment, rehabilitation service and supports for those with mental illness, emotional disturbances, and/or developmental disabilities. The program services are based on needs.

**TennCare****1-800-669-1851**

If the family does not qualify, it is possible to get insurance for mental health only.

**[www.tennhelp.com](http://www.tennhelp.com)**

**TennCare Hotline****1-800-205-4983**

**Amerigroup (1-800-600-4441), Blue Care (1-800-468-9698), United (1-800-690-1606),  
Tenn Care Select (1-800-263-5479)**

**TennCare Transportation****1-800-483-6743****Upper Cumberland Development District****432-4111**

1225 South Willow Avenue  
Cookeville, TN 38501

Services provided by UCDD include; Relatives as Caregivers, case management, recreation, financial, legal, relative training, respite, support groups, transportation, information and referral, and childcare to family members raising a relative's child.

**Upper Cumberland Human Resource Agency**

**528-1127**

586 South Jefferson Avenue  
Cookeville, TN 38501

Career Center, CATS Transportation, medical transportation, electric bill assistance program, and elderly nutrition program

**Vocational Rehabilitation Center**

**526-9783**

444 Neal Street  
Cookeville, TN 38501

The agency provides training for people with disabilities to assist with them returning to work.